

46TH ANNUAL SYMPOSIUM ON SPORTS MEDICINE

UT Health San Antonio (Main Campus), San Antonio, Texas
January 18-19, 2019

COURSE LOCATION

UT Health San Antonio (Main Campus) Holly Auditorium
7703 Floyd Curl Drive
San Antonio, Texas 78229

REGISTRATION

Registration is available online at UT-SportsSymposium.org. If you are unable to register online, please download the registration form online at UT-SportsSymposium.org.

REGISTRATION FEES	On or before 12/28/18	After 12/28/18
CPR Recertification (held 1/17/19)	\$60	\$65
Physicians	\$330	\$350
Other Healthcare Professionals	\$180	\$200

The registration fee includes access to all sessions, anatomy labs, and workshops; breakfast, breaks and lunch for both days; and access to downloadable handouts from the UT Health San Antonio CME website. Hard copy handouts will not be available. There is a separate registration fee for the Thursday evening, January 17, 2019 CPR Re-certification course.

The Office of Continuing Medical Education reserves the right to limit enrollment and cancel any course no less than one week prior to the activity. Should circumstances make this necessary, your registration fee would be refunded in full. If you must cancel, the registration fee will be refunded less a \$50 handling charge if notice is received by December 28, 2018. Cancellations received after December 28, 2018 will not be refunded. For additional information, call the office of Continuing Medical Education at (210) 567-4491 or 1-866-601-4448.

HOTEL INFORMATION

A block of rooms has been reserved at several hotels in the Medical Center area at special rates. A complete list of participating hotels is listed in the website: UT-SportsSymposium.org.

Early reservations are encouraged; sleeping rooms will be available until the room blocks are full. When making phone reservations, please specify that you will be attending the "Sports Medicine Symposium" to qualify for the special rates.



UT Health San Antonio
Continuing Medical Education
7703 Floyd Curl Drive, MC 7980
San Antonio, Texas 78229-3900

46th Annual Symposium on Sports Medicine

January 18-19, 2019

UT-SportsSymposium.org

2018_10_FP2345 5B

46th Annual Symposium on Sports Medicine

UT Health San Antonio (Main Campus)
Holly Auditorium
San Antonio, Texas
January 18-19, 2019

Sponsored by:



Joe R. & Teresa Lozano Long School of Medicine
Department of Orthopaedics

UT-SportsSymposium.org

COURSE DESCRIPTION

This course provides a forum for Sports Medicine Specialists to discuss problems and concepts related to preventing, treating and rehabilitating injured athletes. The Symposium topics will include: general sports medicine, head & neck in sports, foot and ankle, the skeletally immature athlete, upper extremity, lower and upper extremity biomechanics and rehabilitation, and the knee.

■ ANATOMY DISSECTION DEMONSTRATION

This year's anatomy dissection demonstrations focus on the Shoulder and the Elbow and Hand.

■ WORKSHOPS

In addition, there will be special workshops on cutting-edge topics: Biomechanics in Rehabilitation, Concussions, and Sports Medicine Care.

■ TARGET AUDIENCE

The 46th Annual Symposium on Sports Medicine is designed for orthopedic surgeons, primary care physicians, physician assistants, nurse practitioners, physical therapists, athletic trainers, and coaches.

■ LEARNING OBJECTIVES

- Develop a concept of one's position on a Sports Medicine Team
- Diagnose commonly occurring injuries and advise athletes regarding their treatment
- Initiate logical primary treatment following injuries to athletes
- Develop logical approaches to the prevention of injury by condition and utilization of proper protective equipment

■ CPR RECERTIFICATION

A recertification course in cardiopulmonary resuscitation (CPR) will be held on Thursday, January 17, 2019. Please note that this is a recertification course for those who have previously been certified in

CPR. Separate registration is required for this course which is available for an additional fee. See registration form or our Web site www.UT-SportsSymposium.org for details.

■ CONTINUING EDUCATION STATEMENTS

CME:

The Long School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Long School of Medicine designates this live activity for a maximum of 14.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PT and PTA:

Application has been made to the Texas Physical Therapy Association for continuing education for PTs and PTAs. Pending review/approval.

ATC:

The Long School of Medicine (BOC AP#: P469) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of 14.0 Category A hours/CEUs.

LAT:

The Long School of Medicine (500796) is approved and registered by the Texas State Board for Educator Certification (SBEC) as a continuing education provider. Application has been made for continuing education for LATs.

FACULTY LIST

UT HEALTH SAN ANTONIO FACULTY

Julie B. Barnett, PT, DPT, MTC

Director of PT
The Non-Surgical Center of San Antonio
Clinical Assistant Professor
Department of Physical Therapy

Fred G. Corley, MD

Professor, Hand Service
Department of Orthopaedics

Jesse C. DeLee, MD

Clinical Professor
Sports Medicine and Hip & Knee Reconstruction
Department of Orthopaedic Surgery

Anil K. Dutta, MD

Associate Professor
Shoulder and Elbow Reconstruction and Trauma
Department of Orthopaedics

Mayo J. Galindo Jr., MD

Associate Professor
Department of Orthopaedic Surgery

John R. Green, III, MD

Professor and Chief of Sports Medicine
Sports Medicine Fellowship Program Director
Department of Orthopaedics

Grant D. Hogue, MD

Assistant Professor
Chief of Pediatric Orthopaedics and Spinal Deformity
President's Council / Dielmann Endowed Chair in Pediatric Orthopaedic Surgery
Department of Orthopedics

Philip M. Jacobs, MD

Assistant Professor
Department of Orthopaedics

Ravi A. Karia, MD

Associate Professor
Vice Chairman Clinical Affairs
Trauma and Post-trauma Reconstruction
Department of Orthopaedics

Hanna E. Mendez, MD

PGY-5 Resident
Department of Orthopedics

Robert H. Quinn, MD

Chair and Professor
John J. Hinchey M.D. and Kathryn Hinchey Chair in Orthopaedics
Department of Orthopaedics
Musculoskeletal Oncology

VISITING & GUEST FACULTY

Steven B. Buckley, DDS, MD

Private Practice
Alamo Maxillofacial Surgical Associates, P.A.
San Antonio, Texas

Mark M. Casillas, MD

Orthopaedic Foot & Ankle Surgeon
The Orthopaedic Specialists of South Texas
San Antonio, Texas

Jeremy L. Dickerson, MD

Sports Medicine
The Orthopaedic Specialists of South Texas
San Antonio, Texas

Jorge E. Gomez, MD

Associate Professor
Adolescent Medicine & Sports Medicine
Texas Children's Hospital/Baylor College of Medicine
Houston, Texas

Margaret A. (Meg) Jacobs, PT

Staff Physical Therapist
Momentum Physical Therapy and Sports Rehab, PLLC
San Antonio, Texas

Ajeya P. Joshi, MD

Adult and Pediatric Spine Surgery
Clinical Associate Professor
Department of Orthopedic Surgery
UT Health San Antonio
South Texas Spinal Clinic
San Antonio, Texas

Michael D. Loeb, MD

Orthopedic Surgeon
Texas Orthopedics, Sports & Rehabilitation Associates
Austin, Texas

Bernard Morrey, MD

Professor of Orthopaedics, UT Health San Antonio
Professor of Orthopaedics, Mayo Clinic
Rochester, Minnesota

Matthew C. Murray, MD

Ortho San Antonio
Sports Medicine/Arthroscopy
San Antonio, Texas

Rodolfo R. Navarro, MD

Ortho San Antonio
CHRISTUS Orthopedics & Sports Medicine
San Antonio, Texas

John C. Pearce, MD

Orthopedic Surgeon
Austin Bone & Joint Clinic
Austin, Texas

Manuel C. Sanchez, PT, MPT, ATC, LAT

Owner/Physical Therapist/Athletic Trainer
Castroville Physical Therapy & Sports Medicine Rehabilitation
Castroville, Texas

W. Randall Schultz, MD, MS

Orthopedic Surgeon
Texas Orthopedics, Sports & Rehabilitation Associates
Austin, Texas

John R. Seals, MD

Pediatric Neurologists
Private Practice
San Antonio, Texas

Jennifer E. Swart, MD

Orthopaedic Imaging/Musculoskeletal Radiology
South Texas Radiology Imaging Centers (STRIC)
San Antonio, Texas

K. Renee Thiebaud, PhD, PT

Director of Physical Therapy
The Orthopedic Store
San Antonio, Texas

Brad S. Tolin, MD

Orthopedic Surgeon
The San Antonio Orthopaedic Group
San Antonio, Texas

Pablo Vazquez-Seoane, MD

Orthopedic Surgeon
South Texas Spinal Clinic, P.A.
San Antonio, Texas

Linda Wells, PT, DPT

Physical Therapist
The Orthopedic Store
San Antonio, Texas

AGENDA

THURSDAY JANUARY 17, 2019

4:00 – 6:30 p.m.
Conference Registration

6:00 – 10:00 p.m.
CPR Re-Certification

FRIDAY JANUARY 18, 2019

9:00 – 9:20 a.m.
Registration & Coffee

9:20 – 9:30 a.m.
Introduction & Welcoming Remarks

Robert H. Quinn, MD
Jesse C. DeLee, MD

SYMPOSIUM: General Sports Medicine
Moderator:
Jorge E. Gomez, MD

9:30 – 9:45 a.m.
The Pre-participation Physical
Speaker:
Jeremy L. Dickerson, MD

9:45 – 10:00 a.m.
Heat Illness
Speaker:
Jorge E. Gomez, MD

10:00 – 10:15 a.m.
Dental and Facial Injuries
Speaker:
Steven B. Buckley, DDS, MD

10:15 – 10:30 a.m.
Sudden Cardiac Death
Speaker:
Jorge E. Gomez, MD

SYMPOSIUM: Head and Neck In Sports
Moderator:
John R. Seals, MD

10:30 – 10:50 a.m.
Chronic Traumatic Encephalopathy
Speaker:
John R. Seals, MD

10:50 – 11:10 a.m.
Elbow Injuries in Athletes
Speaker:
Bernard Morrey, MD

11:10 – 11:30 a.m.
Cervical Spine Injury
Speaker:
Pablo Vazquez-Seoane, MD

11:30 – 11:45 a.m.
Lumbar Spine: Stress and Traumatic Lesions
Speaker:
Ajeya P. Joshi, MD

11:45 – 12:00 p.m.
Panel Discussion

12:00 – 1:00 p.m.
Lunch

SYMPOSIUM: Foot and Ankle
Moderator:
Mark M. Casillas, MD

1:00 – 1:15 p.m.
The High Ankle Sprain: Diagnosis and Treatment
Speaker:
Mark M. Casillas, MD

1:15 – 1:30 p.m.
Achilles Tendon: Lesions in the Athlete
Speaker:
Mayo J. Galindo, Jr., MD

1:30 – 1:50 p.m.
Diagnosis and Treatment of Mid Foot Injuries
Speaker:
Mark M. Casillas, MD

1:50 – 2:10 p.m.
Compartment Syndrome in Athletes
Speaker:
Ravi A. Karia, MD

2:10 – 2:30 p.m.
Lower Extremity Stress Fracture
Speaker:
Jeremy L. Dickerson, MD

2:30 – 2:45 p.m.
Panel Discussion

2:45 – 3:00 p.m.
Break/Visit Exhibits

SYMPOSIUM: The Skeletally Immature Athlete
Moderator:
Grant D. Hogue, MD

3:00 – 3:20 p.m.
Shoulder & Elbow Injuries in the Skeletally Immature Athlete
Speaker:
Grant D. Hogue, MD

3:20 – 3:40 p.m.
Knee Injuries in the Skeletally Immature Athlete
Speaker:
Hannah E. Mendez, MD

3:40 – 3:55 p.m.
Foot and Ankle Injuries in the Immature Athlete
Speaker:
Grant D. Hogue, MD

3:55 – 4:10 p.m.
Panel Discussion

4:10 – 4:30 p.m.
Break

ANATOMY WORKSHOPS
Moderator:
Jesse C. DeLee, MD

4:30 – 5:45 p.m.
Anatomy I – The Shoulder
Speaker:
Philip M. Jacobs, MD

Anatomy II – Elbow and Hand
Speaker:
Fred G. Corley, MD

SATURDAY JANUARY 19, 2019

7:00 – 7:30 a.m.
Breakfast

SYMPOSIUM: Upper Extremity
Moderator:
Philip M. Jacobs, MD

7:30 – 7:50 a.m.
Examination of the Shoulder
Speaker:
Philip M. Jacobs, MD

7:50 – 8:10 a.m.
Rotator Cuff & Slap Lesions
Speaker:
Michael D. Loeb, MD

8:10 – 8:30 a.m.
AC and SC Joints and the Clavicle
Speaker:
Anil K. Dutta, MD

8:30 – 8:50 a.m.
Common Hand Injuries in Athletes
Speaker:
Fred G. Corley, MD

8:50 – 9:10 a.m.
Diagnosis and Return to Play
Speaker:
Rodolfo R. Navarro, MD

9:10 – 9:30 a.m.
Shoulder Instability
Speaker:
Matthew C. Murray, MD

9:30 – 9:50 a.m.
Panel Discussion

9:50 – 10:10 a.m.
Break

SYMPOSIUM: Lower and Upper Extremity Biomechanics and Rehabilitation
Moderator:
K. Renee Thiebaud, PhD, PT

10:10 – 10:55 a.m.
Lower Extremity Biomechanics and Rehabilitation
Speakers:
K. Renee Thiebaud, PhD, PT
Manuel C. Sanchez, PT, MPT, ATC, LAT
Margaret (Meg) Jacobs, PT
Julie B. Barnett, PT, DPT, MTC

10:55 – 11:45 a.m.
Upper Extremity Biomechanics and Rehabilitation
Speakers:
K. Renee Thiebaud, PhD, PT
Linda F. Wells, DPT
Margaret (Meg) Jacobs, PT

11:45 – 12:00 p.m.
Panel Discussion

12:00 – 1:00 p.m.
Lunch

SYMPOSIUM: The Knee
Moderator:
Jesse C. DeLee, MD

1:00 – 1:20 p.m.
Knee Imaging
Speaker:
Jennifer E. Swart, MD

1:20 – 1:40 p.m.
Meniscal Injury and Repair
Speaker:
Matthew C. Murray, MD

1:40 – 2:00 p.m.
Collateral Ligament Injury
Speaker:
John R. Green, III, MD

2:00 – 2:20 p.m.
PRP and Stem Cells: Place in the Knee/Surgeons Armamentarium
Speaker:
W. Randall Schultz, MD, MS

2:20 – 2:40 p.m.
Break/Visit Exhibits

2:40 – 3:00 p.m.
The Patellofemoral Joint
Speaker:
Brad S. Tolin, MD

3:00 – 3:20 p.m.
Posterior Cruciate Ligament
Speaker:
John C. Pearce, MD

3:20 – 3:40 p.m.
ACL Surgery: Current Update
Speaker:
Jesse C. DeLee, MD

3:40 – 4:00 p.m.
Panel Discussion

4:00 – 4:30 p.m.
Break/Visit Exhibits

WORKSHOPS

4:30 – 6:00 p.m.
Workshop I – Biomechanics in Rehabilitation
Speakers:
K. Renee Thiebaud, PhD, PT
Margaret (Meg) Jacobs, PT
Manuel C. Sanchez, PT, MPT, ATC, LAT

Workshop II – Concussions
Speakers:
John R. Seals, MD
Rodolfo R. Navarro, MD

Workshop III – Sports Medicine Care
Speakers:
Jesse C. DeLee, MD
John C. Pearce, MD
Mark M. Casillas, MD
Matthew C. Murray, MD

